

# Youth Mental Health First Aid Training

Youth Mental Health First Aid teaches you how to identify, understand and respond to signs of mental illness and substance use disorders in youth. This training gives adults who work with youth the skills they need to reach out and provide initial support to children and adolescents (ages 6-18) who may be developing a mental health or substance use problem and help connect them to the appropriate care.

## Pre-work:

Mandatory two-hour pre-work will be sent to participants prior to the training. All pre-work must be completed & submitted to presenters prior to workshop date.



**Date: March 18, '25**  
**Time: 9:00 - 3:00pm**

**Coffee Service & Lunch**

**Cost: \$65**

**Location: Morris ROE**

1320 Union St., Morris, 60450

**CoPresenters:**  
**Jill Sorensen Davis and Tom Davis**

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